

PRESS RELEASE

FOR IMMEDIATE RELEASE

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TLA Contributes to the Sacramento Food Bank's "Spirit of Giving".

Roseville, CA – October 29, 2007 – TLA Engineering & Planning (TLA) is participating this season in the Sacramento Food Bank and Family Services' "Spirit of Giving". Starting on Monday October 29th, until Friday November 16th, TLA's employees will contribute canned food, baby food and formula, diapers, and clothing items. Since this is the first year TLA is participating, the goal is to fill one barrel in three weeks time. These items will assist families in the Sacramento region who are in need.

If you would like to donation and help us fill our barrel, here are the items from the Food Bank's Wish List:

- DRY GOODS – Breakfast Cereals, Oatmeal, Mac & Cheese, Top Ramen, pasta noodles, beans, rice, and dry soups.
- CANNED FOOD – Soups, Vegetables, Fruits, Tuna, and Chicken.
- PEANUT BUTTER
- INFANT FORMULA – Enfamil w/iron AND Similac w/iron.
- GERBER GRADUATE FOODS
- BABY JAR FOODS: STAGES 1, 2, & 3
- CLOTHING – Men's and Women's clothing in all sizes, business attire, school uniforms for youth, maternity clothes, jackets, sleeping bags, etc.



- PARENTING SUPPLIES – Diapers (sizes 4, 5, & 6), Toiletries (feminine napkins), Toys, Baby Clothing (new/gently used), etc.

TLA is looking forward to filling our barrel beyond capacity!

TLA Engineering & Planning, Inc., based in Roseville, California, is a design and engineering firm dedicated to providing a full-range of services to private and public Clients. Established in 1985, the firm specializes in planning, designing, engineering and managing projects that range from small residential developments and mixed use projects to large master planned communities. Experience earned over many years and across all varieties of development projects provides the necessary foundation for a wide range of capabilities. Each project is undertaken with an eye towards providing solutions that allow projects to proceed smoothly. Our extensive work with government agencies provides Clients with a knowledgeable ally in moving a project through to completion. TLA's particular expertise in hydrology and hydraulic engineering has been valuable in our work throughout the Northern California region.

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